

# About Us

The Virginia Home provides loving, lifelong residential care to adults with permanent physical disabilities. Each member of our care team is committed to service with dignity, dedication, and compassion for the 130 residents who live here.

Ours is a private, non-profit organization licensed by the Commonwealth.

Any Virginian over 18 years of age who is diagnosed with an irreversible physical disability and qualifies for nursing home care under the laws of Medicaid may seek admission to The Virginia Home. But this is more than a nursing home—much more.



One-half of the residents here are under age 50, and the staff-to-resident ratio is 1.8 to 1. The Virginia Home provides a broad range of restorative services, round-the-clock nursing care, personalized dietary and nutritional services, and individualized case management.

This is a home—a real home—with residents who work, go to school, and volunteer in the community. We attend religious services, play sports, participate in cultural activities, go shopping, exercise regularly, and bask in the beauty of the outdoors. We live our lives like you do, with friendship, love, laughter, and community.

# Volunteer Services

## RESIDENT SERVICES

Unlike traditional nursing homes, which are typically custodial facilities for the elderly, The Virginia Home is much more. A multi-faceted human services organization, our home features:

- complete 24-hour nursing care and a full-time medical director
- private transportation services via a fleet of four vehicles
- physical, occupational and speech therapies
- therapeutic recreation opportunities both on-site and out in the community, including multi-day trips to exciting destinations
- counseling services for residents and their families
- wheelchair repair and maintenance and access to adaptive technology
- private rooms, daily housekeeping and weekly laundry service

## MISSION OF VOLUNTEER SERVICES

The Volunteer Services department exists to advance the continuous improvement of our residents' quality of life. Our mission is to enable, encourage and engage the residents of The Virginia Home through the innovative utilization of our community's resources.

## OUR VOLUNTEERS

The Virginia Home volunteers are truly the heart of our Home. They are our governing Board of Trustees, the Junior Board, and scores of individuals, families, businesses, and organizations who give freely of their time and their talents to better the lives of our residents. Volunteers augment our quality professional services with the caring support, assistance and friendship that comes from the heart. Without them, we could only imagine the magical place that The Virginia Home strives to be.

## DO SOMETHING TODAY

If you have considered volunteering but hesitate to make the leap, bear in mind that just two or three hours of your time per month could make a huge difference in the lives of our residents. School, church, and civic groups are also invited to make The Virginia Home the site for one-time or annual service projects. The Director of Volunteer Services works closely with individuals and groups to match your interests and talents with the needs of our residents to ensure a mutually beneficial experience for all.

In addition to providing personalized assistance to residents, volunteers also assist with structured programs, monthly outings, and special events. You can work one-on-one with residents, in groups, or both. If you want to help but are apprehensive about working hands-on with our population, then consider participating in special projects and clerical support roles.

*You choose your level of commitment and your schedule.*



## CURRENT OPPORTUNITIES

**Coffee Time:** 9-10:30am, Mon – Sat. This is a great way to visit with and get to know our residents while helping them with their morning cup o’ joe.

**Arts & Crafts:** String beads, paint ceramics, assemble a model, sew a quilt, or scrap an album – all while also creating lasting friendships! Monday, Tuesday, and Thursday afternoons.

**Shopping Assistant:** Help a resident shop for clothes, sundries, or a gift for that special someone. The residents provide their own money; you provide the answer to the question, “Does this make me look fat?”

**Outing Companion:** Accompany residents to a large variety of destinations such as concerts, movies, historical sites, sporting events, and museums. As a volunteer, you will assist a staff member and 1-2 residents for the duration of the trip. TVH picks up your tab, when applicable.

**Computer Tutor:** Take someone on a journey into cyberspace, help them tame that mouse, or teach them the fine art of Solitaire.

**Games:** Hit me! King me! Check mate! Bingo! I fold. Regardless of your skill level or degree of competitiveness, there’s a game here for you and someone eager to play it.

**Friendly Visitation:** Many residents need assistance with the simple things, such as opening mail, watering plants, strolling in the park, organizing their rooms, and writing letters. Lending your hands and eyes is one of the nicest things you can do...and the most appreciated too.

**Activities Assistant:** Assist our professional staff with weekly structured programs such as swimming, ball toss, manicures, and lunch bunch.

*Your talents are the best gifts you can share! If none of our current programs match your interests, then consider developing a custom program of your own! Contact the Director of Volunteer Services to discuss your ideas.*

## ELIGIBILITY & REQUIREMENTS

- The minimum age for volunteering at The Virginia Home is 14, unless accompanied at all times by an adult.
- Anyone committing to volunteer one or more hours per week will be required to have an annual TB test. This test is administered by TVH nursing staff at no charge to the volunteer.
- Weekend and evening assignments are limited to experienced volunteers only. If you desire to volunteer on Saturday, Sunday, or after 5pm, you will be required to first complete 6 hours of supervised training during regular business hours.
- All volunteers must complete orientation and sign the Volunteer Conduct and Confidentiality Agreement. Participation in some programs requires additional training conducted by TVH staff.
- Individuals convicted of a “Barrier Crime,” as specified by § 63.2-1719 of the Code of Virginia are ineligible to volunteer at TVH. Examples of such crimes include crimes against children, abduction, robbery, arson, obscenity offenses, etc.

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THE VIRGINIA HOME  
On the lake at Byrd Park



**Volunteer with Us**