

JOB DESCRIPTION

POSITION TITLE: **Recreation Therapy Intern**

PURPOSE: Provides therapeutic recreation programs and interventions, as well as diversional recreation services, through implementation and/or supervision of structured and unstructured group and individual leisure programming. Provides recreational case management services for resident population.

ROLE: Develops, plans, implements, supervises, and evaluates program services. Conducts case management services through assessment, intervention selection and implementation. Evaluates individual care plans and programs for efficiency and effectiveness toward outcome achievement. Participates in interdisciplinary team process of care plan development and implementation.

JOB DUTIES:

1. Develops, implements and supervises a broad range of therapeutic and diversional recreation services and programs.
2. Manages caseload, as assigned by Recreation Therapy Internship Coordinator, to include conducting assessments, developing and implementing appropriate intervention plans, documenting and evaluating outcomes, and goal writing. Actively participates in discharge planning and coordinating treatment goals with interdisciplinary team members. Is always in compliance with documentation guidelines and deadlines.
3. Develops treatment protocols, and other supportive tasks as assigned.
4. Provides individual recreation therapy services based on individual needs.
5. Arranges, organizes and conducts community based outings and monthly social.
6. Participates in aquatic therapy program and all duties related to session.
7. Creates and maintains a safe and positive environment for participants.
8. Completes internship requirements toward preparing to take the certification exam for CTRS.
9. Maintains a valid Virginia driver's license, *in good standing*.
10. Attends in-services, training and weekly staff meetings. Provide in-service training as assigned.
11. Commits to upholding in action and in deed, the Customer Service ideals of the agency and the department.
12. Develops and maintains an excellent rapport with residents, visitors and coworkers.
13. Carries out all other duties as assigned by the Recreation Therapy Internship Coordinator and University.

JOB DESCRIPTION- Recreation Therapy Intern

WORKING CONDITIONS AND JOB DEMANDS:

1. Flexibility with work hours and job duty assignments.
2. Must maintain a valid Virginia driver's license and an excellent driving record.
3. Obtains/maintains certification in CPR (offered at The Virginia Home if needed).
4. Assists residents with activities of daily living, related to the provision of recreational services.
5. Has a clear and understandable communication skill in routine and emergency situations.
6. Must be able to safely load, secure and drive residents in the Virginia Home vehicles.

PHYSICAL DEMANDS:

1. Ability to be on one's feet for extended periods of time, possibly the duration of an 8-hour shift.
2. Ability to push and pull manual and power wheelchairs over various terrains for extended periods of time (2-3 hours on some outings).
3. Ability to assist appropriate residents to effect a stand-pivot transfer (with appropriate level of training).
4. Ability to stoop, bend, push, pull, crouch, kneel, balance and squat for up to 20-40 minutes during loading of TVH vehicles, or other activity.
5. Ability to work in an aquatic environment with water temperatures between 85 and 95 degrees, for up to 3 hours, two times daily. Also, must be able to tolerate a Chlorine based pool sanitation system.

APTITUDES:

- ◆ Legible handwriting and excellent command of written and spoken language.
- ◆ Sound judgment and a mature attitude.
- ◆ Exceptional listening skills, and a proactive approach to communications and problem resolution.
- ◆ Effective organizational style and the ability to "multitask", within varying degrees of direct supervision.
- ◆ Excellence in stewardship of agency resources.
- ◆ Comfort in a diverse cultural environment and strong interpersonal skills.
- ◆ Outgoing and friendly persona and solid program leadership skills.
- ◆ "Person First" attitude, with an extraordinary level of patience.
- ◆ Basic computer literacy

JOB DESCRIPTION- Recreation Therapy Intern

TRAINING AND EXPERIENCE:

Minimum Qualifications:

- ◆ Active enrollment in an undergraduate or graduate degree program in recreation and leisure services, or closely aligned degree. Must have completed a minimum of 9 credit hours in therapeutic recreation.
- ◆ Equivalent of six months experience in recreational program planning and leading AND/OR six months experience in working with persons with disabilities (3 months of which should involve recreational programming duties).
- ◆ Solid academic standing with strong references from university internship supervisor.
- ◆ Eligibility to become certified in CPR.
- ◆ Valid Virginia drivers license in good standing.

◆ **Preferred Qualifications:**

- ◆ Second-semester senior status, or graduate status.
- ◆ Enrolled in a 4-year degree program, or higher, in the field of Therapeutic Recreation from an accredited college or university.
- ◆ Certified lifeguard, with CPR and first aid training certificates.
- ◆ Computer literate.

By signing below I acknowledge that I have read, understand and accept the above job description. I further agree to meet the expectations outlined in the job description.

Intern Signature

Date

Supervisor Signature

Date